

Determinants Scavenger Hunt - Answers

<i>Biological Determinants</i>	<i>Behavioural Determinants</i>	<i>Physical Environment Determinants</i>	<i>Social Environment Determinants</i>
<u>Genetics</u> Outline the types of cancer that have a genetic predispositions <ul style="list-style-type: none"> • Prostate cancer • Breast cancer • Bowel Cancer • Ovarian cancer • Skin cancer 	<u>Smoking</u> How many more times is a smoker more likely to be diagnosed with lung cancer than a non-smoker <ul style="list-style-type: none"> • 10 times 	<u>Housing</u> What are the positive determinants of adult health for housing <ul style="list-style-type: none"> • Feeling of security • Connectedness to community 	<u>Media</u> Media is considered the major factor in the increase of? <ul style="list-style-type: none"> • Adult obesity
<u>Body Weight</u> Outline the risk factors for obesity <ul style="list-style-type: none"> • Diabetes • High blood pressure • Kidney disease • Stroke • Breast and colon cancer • Cardiovascular disease 	<u>Physical Activity</u> What are the reasons that adults have for not exercising <ul style="list-style-type: none"> • Increase in work commitments • Balancing family life 	<u>Workplace Safety</u> What does the data released in 2008 suggest <ul style="list-style-type: none"> • A decrease in incident occurrence in the workplace 	<u>Level of Education</u> Statistics shows that people with a high level of education are more likely to... <ul style="list-style-type: none"> • Make informed choices about their health • Employed • Experience high levels of security
<u>Blood Pressure</u> What are the preventative factors for maintaining good blood pressure <ul style="list-style-type: none"> • Reducing salt consumption • Decreasing alcohol consumption • Increasing physical activity maintaining healthy body weight 	<u>Food Intake</u> Making good food choices is important because: <ul style="list-style-type: none"> • Help maintain a healthy weight • Improve cholesterol levels • Controls your blood glucose levels • Reduce risk of dietary diseases such as cancers, cardiovascular disease and type 2 diabetes 	<u>Neighbourhood safety</u> Define Neighbourhood safety <ul style="list-style-type: none"> • Adults feeling safe and secure within their neighbourhood environment 	<u>Employment</u> What are the benefits of work and career for adult health <ul style="list-style-type: none"> • Sense of pride • Feeling of belonging • Connectedness to workplace and fellow workmates • Feeling of worth • Increase self- esteem • Part of identity
<u>Blood Cholesterol</u> What are the risk factors for high blood cholesterol <ul style="list-style-type: none"> • Inactivity • Poor food intake 	<u>Alcohol Use</u> What significant factors does alcohol have on our health apart from some cancers, liver disease and diabetes? <ul style="list-style-type: none"> • Suicides • Drowning's • Burns • Motor vehicle fatality 	<u>Access to health care</u> What are the barriers affecting the access of adults to health care in Australia <ul style="list-style-type: none"> • Location of resources • Mobility issues • Cost of health care and socioeconomic status • Language spoken • Knowledge of health services • Ethnicity • Value and attitude towards individual health 	<u>Community belonging</u> Define social support <ul style="list-style-type: none"> • The physical and emotional comfort and support an individual receives from a network of people within their family or community
	<u>Drug Use</u> What are they health conditions associated with drug use? <ul style="list-style-type: none"> • HIV/AIDS • Overdoes • Hep C • Suicide • Poisoning 		<u>Living arrangements</u> What are some impacts on living alone <ul style="list-style-type: none"> • Isolation • Loneliness

	<ul style="list-style-type: none">Self-inflicted injury		
	<p>Sexual Practices</p> <p>What is the estimated percentage of burden of disease that is accounted for with the practice of unsafe sex practices?</p> <ul style="list-style-type: none">0.6%		

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